

# Rhythm Lessons

## C And F Chords

The fingering for C chord and F chord is thumb-3-5.  
The chord name is marked above the chord.

The image shows two staves of musical notation in 4/4 time. The first staff contains five measures of chords: C, F, C, C, and F. Each measure shows the chord notes (C, E, G) and their fingerings (1, 3, 5). The second staff contains eight measures of chords: F, C, C, F, F, C, F, and C. Each measure shows the chord notes (C, E, G) and their fingerings (1, 2, 3, 4).

## Exercise

At the Piano

1. This exercise is to practice moving your hand from one set of notes to the next set.
2. Count the beats out loud in a steady beat.
3. I recommend to practice this exercise 10 times, or until it becomes easy to play. Practice every day.